

**VINAYAKA MISSION'S KIRUPANANDA
VARIYAR MEDICAL COLLEGE & HOSPITALS, SALEM
I MBBS (2020-21)
FOUNDATION COURSE
TEACHING SCHEDULE**

Day	Date	Time	Topic	Faculty
1.	01.02.2021 Monday	8.00-9.30 am	Registration	Preclinical departments
		9.30-11.15 am	1A. Inauguration Welcome address & Introduction to Institution/Campus/Facilities	Dr. Milind V. Bhutkar Dean, Professor of Physiology
		11.15-11.30 am	Tea Break	-----
		11.30-12.00 pm	1A. Vision & Mission of the Institution Rules and Regulations of the Institution	Dr. Deepti Shastri Dy. Dean, Professor of Anatomy
		12.00-12.30 pm	1A. Roles of an Indian Medical Graduate	Dr. G. Kannan Medical Superintendent, Professor of Skin & STD
		12.30-1.00 pm	1A. Introduction of parents & students to Faculty Mentors & peers	Dr. V. Suganthi Professor & HOD, Physiology
		1.00-2.00 pm	Lunch break	-----
		2.00-5.00 pm	1A. Mentors – Mentee meeting	Mentors of Preclinical Departments

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Day	Date	Time	Topic	Faculty
2.	02.02.2021 Tuesday	8.00-8.30 am	1B. Introduction to reflection	Dr. Deepti Shastri Dy. Dean & Professor of Anatomy
		8.30-8.45 am	1B. Role of Doctors in the Society Introduction to - Role of Doctors in the society & their impact	Dr. S. R. Rangabashyam Prof & HOD, General Medicine
		8.45- 10.00 am	1B. Role of doctors – Buzz group	Dr. S.R. Rangabashyam & team
		10.00-10.15 am	Tea Break	-----
		10.15-11.00am	1C. History of Medicine & Alternative systems	Dr. S.R. Rangabashyam, Prof. & HOD, General Medicine
		11.00-1.15 am	1C. History of Medicine - Group work	Dr. S.R. Rangabashyam & team
		1.15-2.00 pm	Lunch break	-----
		2.00-2.30 pm	1C. Complimentary/Evidence based/Modern Medicine/Practice impact	Dr. S. Sangeetha Prof. & HOD, Community Medicine
		2.30-4.00 pm	2B. Video demonstration- First Aid	Dr. V. Rajitha Assist. Prof. of Anatomy
		4.00-5.00 pm	2D. SDL – Biomedical Waste Management	Dr. S. Mathavi Prof. & HOD, Micro. & Team

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Day	Date	Time	Topic	Faculty
3.	03.02.2021 Wednesday	8.00-9.30 am	1D. IMG roles/Overview of MBBS curriculum & various career pathways Salient Features of GMR 2019 & MBBS curriculum	Dr. Deepti Shastri Dy. Dean & Professor of Anatomy
		9.30-10.00am	1B. Short Film: IN SILENCE - Maternal Mortality In India & Discussion	Dr. B. Jeyamani Prof & HOD, Obs. & Gyn.
		10.00-10.15 am	Tea Break	-----
		10.15-11.15 pm	1A. Expectations of students from nation, society, institution, colleagues, peers and vice versa	Dr. J. Sridhar Prof & HOD, General Surgery
		11.15-12.15 pm	2E. Immunization Vaccine-preventable diseases and recommendations	Dr. K. Rangasamy Prof. & HOD, Paediatrics
		12.15-12.45 pm	2E. Documentary on Vaccination	Dr. K. Rangasamy & Team
		12.45-1.15 pm	2E. Formative assessment	Dr. K. Rangasamy & Team
		1.15-2.00 pm	Lunch Break	-----
		2.00-3.00 pm	3A. Community Orientation Module National Health Goals & Policies/Health care system/Community health National Health Goals & Policies	Dr. R. Shankar Professor, Community Medicine, & Team
		3.00-4.00 pm	3A. National Health Scenario	Dr. R. Shankar & Team
4.00-5.00	3A Assessment: General feedback about the usefulness of the session for future planning	Dr. R. Shankar & Team		

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Day	Date	Time	Topic	Faculty
4	04.02.2021 Thursday	8.00-9.30 am	1E. Principles of Family Practice Principles of Family Practice and Holistic Care	Dr. E. Manivannan Prof. & HOD Pharmacology
		9.30-10.00 am	1E. Reflective writing on Family Medicine	Dr. E. Manivannan & team
		10.00-10.15 am	Tea Break	-----
		10.15-11.15 noon	2E. SDL – Immunization requirements of health care professionals	Dr. R. Saranya Asso. Professor of Paediatrics
		11.15-12.15 pm	4J. Learning Skills	Dr. V. Suganthi Professor & HOD, Physiology
		12.15-1.15 pm	4J. Group activity: Self experience	Dr. V. Suganthi & team
		1.15-2.00 pm	Lunch Break	-----
		2.00-3.00 pm	4J. Learning style	Dr. D. Ponnudhali Professor & HOD, Biochem.
		3.00-5.00 pm	2A. Video demonstration - Basic life support	Dr. V. Rajitha Assist. Prof. of Anatomy

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Day	Date	Time	Topic	Faculty
5.	05.02.2021 Friday	8.00-9.00 am	4F. Cultural Competence: Components of cultural competence	Dr. Deepti Shastri Dy. Dean & Professor of Anatomy
		9.00-10.00 am	4F. Group activity: Cultural Competence	Dr. Deepti Shastri & Team
		10.00-10.15 am	Tea Break	----
		10.15-11.15 am	4A. Roles and responsibilities of a medical student	Dr. S. Rajaram Professor of Pharmacology
		11.15-12.15 pm	4G. Stress Management Significance & Methods of stress management & risk-taking behavior	Dr. Lakshmi Dorai Asso. Pro.
		12.15-1.15 pm	2E. SGD – Immunization requirements of health care professionals	Dr. K. Rangasamy & Team
		1.15-2.00 pm	Lunch break	-----
		2.00-3.00 pm	4A. Doctor's rights in India	Dr. E. Manivannan Prof. & HOD Pharmacology
		3.00-4.00 pm	1C. Alternative systems of medicine – Ayurveda, Siddha, Homeopathy, Unnani, Naturopathy & Yoga	Dr. Sheela Joice P.P. Assist. Prof. of Physiology
		4.00-4.30 pm	1C. Wrap up – Summation & Learning points	Dr. Sheela Joice PP & Team
		4.30-5.00 pm	1C. Reflective writing	Dr. Sheela Joice PP & Team

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Day	Date	Time	Topic	Faculty
6.	06.02.2021 Saturday	8.00-9.00 am	4A. Concept of Professionalism & Ethics	Dr. E.M.J. Karthikeyan Professor of Surgery
		9.00-10.00	4A. Group activity-Consequences of unprofessional & unethical behavior	Dr. EMJ Karthikeyan & team
		10.00-10.15 am	Tea break	-----
		10.15 -11.15 am	4C. Professionalism & Ethics - Professional & altruistic behavior	Dr. K. Ezhil Vendhan Director, HDC, Prof. & HOD, Ophthalmology
		11.15-12.15 pm	4C. Group activity: Case discussion	Dr. K. Ezhil Vendhan & team
		12.15-1.15pm	4G. Role of yoga and meditation in personal health	Mrs. Pratima Bhutkar Assist. Prof. of Physiology
		1.15-2.00 pm	Lunch Break	-----
		2.00-3.00 pm	5B. Local Language – Introduction and significance	Dr. R. Thamilselvi Prof & HOD, Pathology
		3.00-5.00 pm	5B. Local Language- Group activity	Dr. R. Thamilselvi & Team

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Day	Date	Time	Topic	Faculty
7.	08.02.2021 Monday	8.00-10.00 am	IA. Walk through the college- Lecture Halls, common rooms, office of Dean & Administration, library, food facilities, security facilities, auditorium with talks on rules & regulations	Dr. S. Waheeda Dr. S. Kavitha Dr. M. Monisha Dr. A. Keerthika Mr. S. Syed Liyakath Ali Dr. G. Shriram Dr. Arunan Periyasamy Dr. N. Dharmendra Assist. Prof. & Tutors, Anatomy, Physiology, Biochemistry
		10.00-10.15 am	Tea Break	
		10.15-11.15 am	IA. Walk through the college- Lecture Halls, common rooms, office of Dean & Administration, library, food facilities, security facilities, auditorium with talks on rules & regulations	Dr. S. Waheeda Dr. S. Kavitha Dr. M. Monisha Dr. A. Keerthika Mr. S. Syed Liyakath Ali Dr. G. Shriram Dr. Arunan Periyasamy Dr. N. Dharmendra Assist. Prof. & Tutors, Anatomy, Physiology, Biochemistry
		11.15-12.15 pm	5A. Group activity: Communication skills	Dr. B. Senthil Kumar & Team
		12.15-1.15 pm	2A. Introduction to life threatening emergencies & importance of first aid	Emergency Medicine Faculty
		1.15-2.00 pm	Lunch Break	
		2.00-3.00 pm	2B Introduction to Basic Life support	Anesthesia Faculty & Dr. V. Rajitha, Faculty In charge, Clinical Skills Lab, Assist Prof. of Anatomy
		3.00-5.00 pm	5A. Interaction among the faculty and students - Introduction to Anti-ragging committee Guidelines for online submission of Anti - ragging undertaking by students & parent/ guardians	Dr. K. C. Shanthi Professor & HOD, Anatomy & Team

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Day	Date	Time	Topic	Faculty
8.	09.02.2021 Tuesday	8.00-9.00 am	2C. SDL - Universal Precautions	Dr. S. Mathavi & Team
		9.00-10.00am	5A. Communication skills (Interactive session)	Dr. A.E. Manoharan, Prof & HOD Orthopedics
		10.00 -10.15 am	Tea Break	
		10.15 -1.15pm	2A, 2B & 3B BLS (Batch A) Demonstration followed by Assessment of Skill performance) First Aid (Batch B) (Demonstration followed by Assessment of Skill performance) Community visit (Batch C)	Emergency Medicine, Anesthesia Faculty, Dr. V. Rajitha, Skills lab I/C CM Faculty
		1.15-2.00 pm	Lunch Break	-----
		2.00-3.00pm	5A. Written communication skills Importance of research in medicine & research ethics	Dr. R. Shankar Professor of Community Medicine
		3.00-5.00pm	6A Sports	Dr. B. Jayaprakash Dr. S. Preethi Dr. P.R.Vijay Anand Mr. Panneer Selvam

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Day	Date	Time	Topic	Faculty
9.	10.02.2021 Wednesday	8.00-10.00 am	F1 History of outbreaks, Epidemics & Pandemics	Dr. S. Sangeetha Prof. & HOD, Community Medicine & Team
		10.00 -10.15 am	Tea Break	
		10.15-1.15pm	2A, 2B & 3B BLS (Batch B) Demonstration followed by Assessment of Skill performance) First Aid (Batch C) (Demonstration followed by Assessment of Skill performance) Community visit (Batch A)	Emergency Medicine, Anesthesia Faculty, Dr. V. Rajitha, Skills lab I/C CM Faculty
		1.15-2.00 pm	Lunch Break	
		2.00-3.00 pm	2D. Biomedical Waste Management Define BMW	Dr. S. Mathavi, Professor & HOD, Microbiology
		3.00-4.00pm	2D. Reflective Writing on Biomedical Waste Management	
		4.00-5.00pm	6B. Extracurricular Activities	Dr. S. Kavitha Dr. V. Rajitha Dr. S. Waheeda Mr. S. Syed Liyakath Ali Dr. R. Rajeswari Dr. C. Anjugam

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Day	Date	Time	Topic	Faculty
10.	11.02.2021 Thursday	8.00-10.00 am	4A. Movie: Gifted hands	Dr. M. Monisha, Dr. A. Keerthika Tutors in Anatomy
		10.00-10.15 am	Tea Break	
		10.15-1.15 pm	2A, 2B & 3B BLS (Batch C) Demonstration followed by Assessment of Skill performance) First Aid (Batch A) (Demonstration followed by Assessment of Skill performance) Community visit (Batch B)	Emergency Medicine, Anesthesia Faculty, Dr. V. Rajitha, Skills lab I/C CM Faculty
		1.15-2.00 pm	Lunch Break	
		2.00-3.00 pm	3B Assessment: Reflective writing	Dr. S. Sangeetha & Team
		3.00-5.00 pm	6A Sports	Dr. B. Jayaprakash Dr. S. Preethi Dr. P. R. Vijay Anand Mr. Panneer Selvam

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Day	Date	Time	Topic	Faculty
11.	12.02.2021 Friday	8.00-9.00 am	4I. Interpersonal Relationships	Dr. S. Shivakumar, Prof & HOD, ENT & team
		9.00-10.00 am	4I. Role play: Interpersonal Relationships	Dr. S. Shivakumar & team
		10.00-10.15 am	Tea Break	
		10.15 -1.15 pm	4B. White Coat Ceremony	Preclinical Faculty
		1.15-2.00 pm	Lunch break	
		2.00-4.00 pm	2E SDL: Immunization	Dr. K. Rangasamy & Team
		3.00-5.00 pm	6B Extracurricular activities	Dr. S. Kavitha Dr. V. Rajitha Dr. S. Waheeda Mr. S. Syed Liyakath Ali Dr. R. Rajeswari Dr. C. Anjugam

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12.	13.02.2021 Saturday	8.00-9.00 am	2C. Universal Precautions Definition of Universal Precautions	Dr. A.V.R. Rao, Assoc. Prof. of Microbiology
		9.00-10.00 am	1.1 Infection control Part-1	Dr. S. Mathavi & Team
		10.00-10.15 am	Tea Break	-----
		10.15-12.15 am	2C. & 1.1 Interactive Practical Demonstration	Dr. S. Mathavi & Team
		12.15-12.30 pm	2C. & 1.1 Wrap up: summation and learning points	Dr. S. Mathavi & Team
		12.30-1.15 pm	2C. & 1.1 Assessment: Formative and OSCE Reflection writing	Dr. S. Mathavi & Team
		1.15 -2.00 pm	Lunch break	---
		2.00-4.00 pm	4I. Interactive lecture on mentoring	Dr. R. Sudha Assoc. Prof. of Biochemistry
		4.00-5.00 pm	6A Sports	Dr. B. Jayaprakash Dr. S. Preethi Dr. P. R. Vijay Anand Mr. Panneer Selvam

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Day	Date	Time	Topic	Faculty
13.	27.02.2021 Saturday	8.00 -9.00 am	2F Documentation Importance of documentation as a physician responsibility	Dr. K. Ezhil Vendhan, Director, HDC, Prof. & HOD, Ophthalmology
		9.00-10.00 am	2F Students Group activity Mock audit & discussion on patient records	Dr. K. Ezhil Vendhan and team
		10.00-10.15 am	Tea Break	
		10.15-11.15 am	2F Consequences of appropriate & inappropriate documentation on patient & employee safety	Dr. K. Ezhil Vendhan and team
		11.15-1.15 pm	2F. Group activity: Documentation	Dr. K. Ezhil Vendhan and team
		1.15-2.00 pm	Lunch break	
		2.00-3.00pm	2F Formative assessment	Dr. K. Ezhil Vendhan and team
		3.00-5.00pm	6A Sports	Dr. B. Jayaprakash Dr. S. Preethi Dr. P. R. Vijay Anand Mr. Panneer Selvam

Signature

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Day	Date	Time	Topic	Faculty
14.	13.03.2021 Saturday	8.00-10.00 am	4D: Lecture on significance of working in a Health Care Team including honesty, respect and trust	Dr. V. A. Sabapathy Professor of Anesthesia & Team Dr. B. Jeyamani Prof. & HOD, Obs. & Gyn. & Team Dr. Melvin Dominic, Assist. Prof. Emergency Medicine & Team
		10.00-10.15 am	Tea Break	
		10.15-11.15 am	4D: Working in a health care team	Dr. V. A. Sabapathy Professor of Anesthesia & Team Dr. B. Jeyamani Prof. & HOD, Obs. & Gyn. & Team Dr. Melvin Dominic, Assist. Prof. Emergency Medicine & Team
		11.15-12.45 pm	4D: Students in small groups visit labour room / OT / EM OPD	Dr. V. A. Sabapathy Professor of Anesthesia & Team Dr. B. Jeyamani Prof. & HOD, Obs. & Gyn. & Team Dr. Melvin Dominic, Assist. Prof. Emergency Medicine & Team
		12.45-1.15 pm	4D: Assessment: Group discussion / Presentation	Dr. V. A. Sabapathy Professor of Anesthesia & Team Dr. B. Jeyamani Prof. & HOD, Obs. & Gyn. & Team Dr. Melvin Dominic, Assist. Prof. Emergency Medicine & Team
		1.15-2.00 pm	Lunch Break	
		2.00-3.30 pm	5A. Communication skills - Motivational movie	Dr. B. Senthil Kumar & Team
		3.30 – 4.00 pm	5A. Reflection Writing on Communication skills	Dr. B. Senthil Kumar & Team
		4.00-5.00 pm	6B Extracurricular Activities	Dr. S. Kavitha Dr. V. Rajitha Dr. S. Waheeda Mr. S. Syed Liyakath Ali Dr. R. Rajeswari Dr. C. Anjugam

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Day	Date	Time	Topic	Faculty
15.	27.03.2021 Saturday	8.00-9.00 am	4E. Disability Competencies under the five roles of the Indian Medical Graduate Lecture & patient narratives	Dr. M. Hari Sivanandan Assist. Prof. of Ortho. & Team
		9.00-10.00 am	4E. Group activity: Standardized patient with disability and other case studies	Dr. M. Hari Sivanandan Assist. Prof. of Ortho. & Team
		10.00-10.15 am	Tea Break	
		10.15-11.15 pm	4E. SGT: Clinical patient encounter & video	Dr. M. Hari Sivanandan Assist. Prof. of Ortho. & Team
		11.15-1.15 pm	4E. SGD: Functioning of NGO or accessible disability unit	Dr. M. Hari Sivanandan Assist. Prof. of Ortho. & Team
		1.15-2.00 pm	Lunch break	
		2.00-3.00 pm	4E. SDL: Self-reflection paper / blog	Dr. M. Hari Sivanandan Assist. Prof. of Ortho. & Team
		3.00-4.00	2 Movie- Contagion	Dr. S. Mathavi & Team
		4.00-5.00 pm	6B. Extra-curricular Activities	Dr. S. Kavitha Dr. V. Rajitha Dr. S. Waheeda Mr. S. Syed Liyakath Ali Dr. R. Rajeswari Dr. C. Anjugam

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16.	10.04.2021 Saturday	8.00-9.00 am	4H. Time management Importance of time management	Dr. G. Kannan Medical Superintendent, Professor Dermatology
		9.00-10.00 am	4H. Group work using Action priority matrix	Dr. G. Kannan Medical Superintendent, Professor Dermatology
		10.00-10.15 am	Tea Break	
		10.15-11.15 am	4H. Distractions & Interruptions	Dr. G. Kannan & Team
		11.15-11.30 am	Wrap up & Assessment	Dr. G. Kannan & Team
		11.30-1.15pm	1D Panel Discussion Overview of MBBS curriculum and various career pathways (ALUMNI meet)	Alumni Dr. Nithya Elango, Consultant Maternal – Fetal Medicine Trainee in PG in Fetal Cardiology, Salem. Dr. Anand Kumar G., Cardiologist, Variyar Hospital, Salem. Dr. Gowri Sankar R. Dr. K. Anbu Lenin
		1.15-2.00 pm	Lunch Break	
		2.00 -3.00 pm	1D Wrap up & General Feedback about the usefulness of session for future planning	Dr. Gowri Sankar R. Dr. K. Anbu Lenin
		3.00-5.00 pm	6A Sports	Dr. B. Jayaprakash Dr. S. Preethi Dr. P.R. Vijay Anand Mr. Panneer Selvam

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Day	Date	Time	Topic	Faculty
17.	24.04.2021 Saturday	8.00-10.00am	5A. Communication skills	Dr. B. Senthil Kumar & Team
		10.00-10.15 am	Tea Break	----
		10.15 - 1.15 pm	5A. Communication skills	Dr. B. Senthil Kumar & Team
		1.15-2.00 pm	Lunch Break	
		2.00-5.00pm	5B English Language-group activity	Dr. R. Sudha Assoc. Prof. of Biochemistry & Team

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18.	08.05.2021 Saturday	8.00-10.00 am	5C. English Language Skills- Mind your language series	Dr. R. Sudha & Team
		10.00-10.15 am	Tea Break	
		10.15-12.15am	1B. Meet the Doctor	1.Dr. Dr. Thenmohzi, Asst. Professor of Plastic Surgery, GMKMC, Salem Dr. A. Kavitha, Lab HOD, Consultant Microbiologist, VIMS Dr. D. Narmada, Consultant, OBG, Vijaya Hospital, Salem. <u>Moderator:</u> Dr. R. Shankar
		12.15-12.45pm	1B. Wrap up – one social issue	Dr. R. Shankar
		12.45-1.15 pm	Assessment: Reflective writing in logbook	Dr. R. Shankar
		1.15-2.00 pm	Lunch Break	
		2.00-3.00 pm	5A. Communication skills - Motivational movie	Dr. B. Senthil Kumar & Team
		3.00-5.00 pm	6A Sports	Dr. B. Jayaprakash Dr. S. Preethi Dr. P.R. Vijay Anand Mr. Panneer Selvam

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Day	Date	Time	Topic	Faculty
19.	22.05.2021 Saturday	8.00-10.00 am	5D. Computer skills (in Library)	Mr. Jayavel & Team
		10.00-10.15 am	Tea Break	-----
		10.15-1.15pm	5D. Computer skills (in Library)	Mr. Jayavel & Team
		1.15-2.00 pm	Lunch Break	-----
		2.00-3.00pm	2C SDL Universal Precautions	Dr. Mathavi & Team
		3.00-5.00 pm	6B Extracurricular Activities	Dr. S. Kavitha Dr. V. Rajitha Dr. S. Waheeda Mr. S. Syed Liyakath Ali Dr. R. Rajeswari Dr. C. Anjugam

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Day	Date	Time	Topic	Faculty
20.	29.05.2021 Saturday	8.00-10.00 am	5D. Computer skills (in Library)	Mr. Jayavel & Team
		10.00-10.15 am	Tea Break	
		10.15-1.15am	5B. Local Language Skills – group activity	Dr. R. Thamilselvi & Team
		1.15-2.00 pm	Lunch break	
		2.00-3.00 pm	5C. English Language Skills- Mind your language series	Dr. R. Sudha & Team
		3.00-5.00 pm	6A Sports	Dr. B. Jayaprakash Dr. S. Preethi Dr. P.R. Vijay Anand Mr. Panneer Selvam

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Day	Date	Time	Topic	Faculty
21.	12.06.2021 Saturday	8.00-10.00am	5C. English Language Skills- Mind your language series	Dr. R. Sudha & Team
		10.00-10.15 am	Tea Break	-----
		10.15-1.15pm	Motivational Movie- Virus	Dr. Gowri Sankar R., Asso. Prof of Pathology
		1.15-2.00 pm	Lunch break	-----
		2.00-3.00 pm	4A. Movie: Miss Evers' boys	Dr. G. Shriram Tutor of Physiology
		3.00-5.00 pm	6B Extracurricular Activities	Dr. S. Kavitha Dr. V. Rajitha Dr. S. Waheeda Mr. S. Syed Liyakath Ali Dr. R. Rajeswari Dr. C. Anjugam

**VINAYAKA MISSION'S KIRUPANANDA
VARIYAR MEDICAL COLLEGE & HOSPITALS, SALEM
I MBBS (2020-21)
FOUNDATION COURSE
TEACHING SCHEDULE**

Day	Date	Time	Topic	Faculty
22.	26.06.2021 Saturday	8.00-10.00 am	2F SDL- Documentation	Dr. N.E. Nandhini
		10.00-10.15 am	Tea Break	
		10.15-1.15pm	5C. English Language Skills- Mind your language series	Dr. R. Sudha & Team
		1.15-2.00 pm	Lunch break	
		2.00-4.00 pm	5B. Local Language Skills – group activity	Dr. R. Tamil selvi & Team
		4.00-5.00pm	IA. Program evaluation	MEU- Faculty